

# Registration/Waiver 2022-23

## LASALLE ROWING CLUB

1 Laurier Drive  
LaSalle, ON N3J 3L4



A COMPLETED AND SIGNED FORM IS REQUIRED FROM EACH PARTICIPANT BEFORE THE START OF ANY PROGRAM

**Registration/Waiver & Concussion Code of Conduct must be received, processed & RCA/RON insurance activated before any activity in the Club**

### Personal Information – Please print clearly

Name:		Admin: RCA#	
Phone #:	Email:		
Address:	City:	Postal Code:	
Birthdate(D/M/Y):	<input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Prefer not to disclose		
<b>Participants Under 18 emergency and communication contact information</b>			
Parent 1 Name:		Phone #:	
Email:			
Parent 2 Name:		Phone #:	
Email:			
Are there any HEALTH concerns of which the Club should be aware: <input type="checkbox"/> Yes <input type="checkbox"/> No			
If YES, please describe:			
<b>Courses Completed:</b>			
<input type="checkbox"/> First Aid Date: _____ <input type="checkbox"/> CPR Date: _____ <input type="checkbox"/> AED Date: _____ <input type="checkbox"/> Pleasure Craft Operator Card			
<b>Swimming Ability:</b> <input type="checkbox"/> Non-swimmer/Weak <input type="checkbox"/> Recreational/Intermediate <input type="checkbox"/> Strong			
<b>I give permission to the LaSalle Rowing Club to:</b>			
<input type="checkbox"/> Send me (if under 18, and/or my parents) information via email about the Club's activities, events and programs			
<input type="checkbox"/> Publish registrant's name/photo in newsletters, LRC website and media, etc. to promote activities of the Club			

### Emergency Contact Information for Adult Members:

Name:	Relation:	Phone #:
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### Program, Payment Method and Fees 04/01/22 – 03/31/23:

Membership Type	Fee	Select
Learn-To-Row (required if you're new to rowing)	\$200	<input type="checkbox"/>
Adult / Para / Junior after LTR during the same year	\$250	<input type="checkbox"/>
Adult Recreational	\$425	<input type="checkbox"/>
Para Rower	\$425	<input type="checkbox"/>
Junior (13-18yrs)	\$425	<input type="checkbox"/>
Family Discount (each member after the first full price membership)	-10%	<input type="checkbox"/>
RCA Registration Submitted: <input type="checkbox"/> RCA #	Admin Only: RCA Insurance Activated: <input type="checkbox"/>	
<b>Payment Method:</b> <input type="checkbox"/> E-Transfer (preferred) to <a href="mailto:lasallerowingclub1@gmail.com">lasallerowingclub1@gmail.com</a> reference member type in message area		
<input type="checkbox"/> Cash <input type="checkbox"/> Cheque #		<b>Payment Amount:</b>

### Signature and Agreement – Participants and parents of Juniors must read reverse (pg 2) before signing

Participant's Signature:		Date:
Participants under 18	Parent Name:	Date:
	Parent Signature:	

# Registration/Waiver/Assumption of Risk



## LRC MEMBERSHIP TERMS

I agree to abide by all of the LaSalle Rowing Club rules, club bylaws/policies, regulations and guidelines and to follow the rules of safety as set out by the LRC, Canadian Coast Guard and by Rowing Canada Aviron (RCA). I assume responsibility for reviewing all rules and guidelines for any changes or additions. I agree that a violation of the By-laws, rules or policies of the LRC/Coast Guard/RCA, may result in the suspension or termination of my membership and/or participation, in any programs and/or privileges within the LRC. I will conduct myself in a sportsmanlike manner and will remain a member in good standing. I agree to pay all fees that apply to me in full. I understand that a \$75 non-refundable cancellation fee applies to all LTR programs and all other memberships are non-refundable.

I certify that I am in good health and able to withstand the physical demands of the rowing program for which I am applying. I will notify the Club of any changes to my health immediately. The Club reserves the right to request and receive a medical certificate stating that I am able to withstand the physical demands of the training and competition of this sport. I am familiar with and accept that there is the risk of injury and/or death in participation and I agree and acknowledge that I undertake any activity involving LRC equipment and/or facilities, including rowing, weight training and fitness training, entirely at my own risk, and that I am physically, emotionally and medically capable of undertaking such activity. I agree that I am responsible for my own property and equipment including any private boats or equipment that may be stored or used at the Club and that I am responsible for insuring my own assets.

I understand and agree that the sole responsibility for my personal safety remains with me at all times. I agree that the LRC or any of its members, coaches, servants, agents or contractors are not responsible for any personal injury sustained by myself or any other person, or for the loss or damage to any property which I have brought, or may bring, to the premises for any reason, including negligence. This Release constitutes an unqualified assumption by me of all risks associated with my participation in LRC activities, events/programs even if arising from negligence or gross negligence, including any compounding or aggravation of injuries caused by negligent rescue operations or procedures of LRC and any persons associated therewith or otherwise participating in LRC activities, events and programs in any capacity.

I understand and accept that it is my responsibility to have the following required safety equipment either in my shell or in a coach boat accompanying my shell, failing which I will pay any fines issued for failure to adhere to the safety rules and guidelines: one life jacket for each rower and coxswain: one tow rope, one bailer, a whistle or sounding horn, and one navigation light (flashlight). I acknowledge and confirm that I am a competent swimmer or that I will wear a PFD when on the water. I am familiar with and understand the dangers associated with cold weather and water, specifically hypothermia and how to deal therewith should an accident occur. I agree to immediately notify the Boathouse Captain, or a Club Board Member, of all accidents and other incidents that I know of that involve danger, damage to equipment, or personal injury to myself or others, whether on the water or on land, within the Club facility or on its grounds.

## LRC PRIVACY POLICY

The LRC respects your privacy. We protect your personal information and adhere to all privacy legislative requirements. We do not rent, sell or trade our mailing lists. We use your personal information within the Club to provide services and to keep you updated on the activities of the Club, including programs, services, special events, fundraising, volunteer opportunities and more. Home address and date of birth are shared with Row Ontario and Row Canada Aviron for the purposes of registration. Your name, date of birth, and phone number may be provided to the Town of LaSalle to enable us to maintain our affiliation with the town and our charity gaming license. Any medical information is kept confidential by the Club for use in emergency situations only. Photos may be published on social media, newsletters, email etc. to promote activities for the Club.

## LRC SAFETY REGULATIONS

I agree that I will not go on the water until after I have watched the safety video and am familiar with the safety policy. The LRC has posted safety rules and regulations around the club. I agree that I am aware of these rules and agree to abide by them. These rules cover areas such as Cold Water Rules and proper use of equipment both in the clubhouse and on the water including coach/safety boat usage. These rules are put in place for the safety of the LRC and all of its members. From time to time, these rules may change. I acknowledge that it is my responsibility to be aware of and follow all safety rules and regulations.

## WAIVER OF LIABILITY

I understand and hereby acknowledge and agree that my participation in rowing, sculling and other training involves risks and dangers which include, but are not limited to, physically demanding activity, lifting of heavy equipment, cold and hot weather and water. In consideration of my request to engage in rowing, sculling, or land activity, whether supervised or not, using Club or private equipment, This Release constitutes a full and final Release and Waiver of Liability and I agree to release and forever discharge the LRC Club, Agents, including Coaches, any person(s), entities or organization(s) associated in any way with LRC or any respective directors, officers, employees, guides, contractors, agents and representatives of who are collectively referred to as the Releasees, of all claims that I have, or may have in the future, of any litigation expenses, legal fees, liability, damage, award or cost of any form or type whatsoever, any and all liability for personal injury, death, damage, and/or property loss or any other loss of any kind that I may suffer as a result of my use of or my presence at the LRC facilities or my participation in any part of, or my presence in any capacity at the LRC or LRC activities, events and programs due to any cause whatsoever, including negligence, gross negligence, breach of contract, or breach of any statutory or other duty of care on the part of the Releasees. I understand that negligence includes failure on the part of the Releasees to take reasonable steps to safeguard or protect me from the risks, dangers and hazards of rowing activities. This release constitutes an Agreement not to sue the Releasees for any loss, injury, death, costs or damages of any form or type, however caused or arising, and whether directly or indirectly from my participation in any aspect of LRC - by myself, heirs, Executors and Assigns, and agree to hold harmless the LRC regardless of negligence. This release is an Agreement governed by the laws, and the courts, of the Province of Ontario.

## PAYMENT POLICY

The LRC membership year runs from April 1st to March 31st. I understand and acknowledge that all LRC members and program participants are required to sign up for RCA insurance (and have it activated by an administrator), complete and sign a registration/waiver form and submit full payment before the start of any program. I agree that I will not go on the water until my paperwork, insurance and payment have been submitted and processed, and I have satisfied the safety requirements. I understand and acknowledge that a \$75 non-refundable cancellation fee applies to all LTR programs and no refund will be given for any other programs/membership.